



Multicultural Student Services Newsletter

June 2015

From the Program Assistant

MULTICULTURAL
OFFICE/CENTER

School is almost out for the summer!
How crazy is that? Here are some study
tips to finish strong:

1. **Give yourself plenty of time:**
Don't wait till the last minute to
study. Look over your notes a
little bit each day.
2. **Have a sacred study space:**
Know yourself and where you
do your best studying. Is it with
people? Is it by yourself?
3. **Teach Others:** One of the best
ways to study is by explaining
what you're learning to
someone else.
4. **Take Regular Breaks:** Allow
your brain to rest. Giving
yourself breaks helps you return
to your material with fresh
eyes.
5. **Eat healthy and drink water:**
Eating healthy helps you stay
alert and prevents crashing.
6. **Be Prepared:** Make sure you
have everything you need like
pens, pencils, or a calculator.

Now that we are wrapping up the year
you can start thinking about summer.

Many of you are looking forward to
doing fun things, have plans to work full
time and make as much money as
possible, or you might be taking classes
as well.

Make sure you ask yourself **"What can I
do this summer that will help me
further my future?"** This is great time to
find a job that will give you some
experience in your area of interest, find a
place to volunteer, or begin an
internship. Either way, be sure you have
some fun this summer!

Congratulations to those who are
graduating! Those of you who aren't,
stop by and say hello in the fall!

- *Cherie*



Cherie Bachman
Office Program Assistant,
533-4331
Monday—Friday 8am-
4:30pm

Offices are located in the SUB, Bldg. 17, lower
level, room 131. Our program is available to
assist students of color on campus. Some of the
services offered include:

- *Academic and personal counseling*
- *Tutorial assistance referral*
- *Career planning*
- *Multicultural club advising*
- *Coordination of club activities*
- *Providing cultural diversity speakers*
- *Assistance in financial aid applications*
- *Job and scholarship information*
- *Community resource referrals*
- *Scholarship Information*
- *Limited emergency assistance*

Person(s) with disabilities requiring auxiliary aids,
services, or accommodations, should contact the
college. For TTY service, call 533-3292. The
Community Colleges of Spokane does not discriminate
on the basis of race, color, national origin, gender or



Pam Austin
Multicultural Specialist,
counselor, 533-3546
Tuesday—Friday 10:30am-
4:30pm

Quarter Recap!

SFCC's Got Talent!



18th Annual Pow Wow!



Taco Friday!



Students of Color Conference!



End of the Year Celebration!

