WELCOME to SFCC for fall quarter 2011. We are going to have a great year! We’ll start the year with a NEW STUDENT WELCOME RECEPTION Wednesday, September 21, followed by an ALL MULTICULTURAL STUDENTS SOCIAL October 5. Please read the detailed information regarding the reception on the next page.

We have a calendar of activities for fall quarter listed on the second page of this newsletter. Please try to participate in as many activities as possible. You’ll really enjoy them!

All of our multicultural clubs—The Red Nation’s Student Association, Black Students Union, Latino Unidos Association and Asian Club are currently seeking members to assist with activities this year. Become involved! You’ll truly benefit. A list of meeting times and places are listed in this newsletter.

Since I am on family medical leave until further notice, if you need help, such as tutoring support or personal support, please feel free to contact Cynthia Vigil or Denise Osei in the counseling office. Finally, I would like to wish you all a successful quarter.

Best wishes,

Pam Austin

Pam Austin, multicultural specialist/counselor
533-3546
Tue. - Fri. 9:30 a.m. - 4:30 p.m.

Jane Gong, office assistant 533-4331
Mon—Fri. 8 a.m. - 4 p.m.

The Multicultural Center is located in the SUB, Building 17, Room 130 and 131. It is across from the bowling alley. Stop by and check us out! Our program assists students of color on campus. Some of the services we offer are:

- Academic and personal counseling
- Tutorial assistance referral (math, English)
- Career planning
- Multicultural Club advising
- Coordinating club activities
- Providing cultural diversity speakers
- Assistance with financial aid applications
- Job and scholarship board information
- Community resource referrals
- Scholarship information

Free Coffee and candy in the office
The Who's and Why's

Why do I receive this multicultural newsletter?
You have been self-identified as a student of color at SFCC. For this reason, you are a recipient of this fine document.

Who funds the Multicultural Student Services Office?
YOU. Part of your tuition helps support our services. So, you paid for them, why not use them?

Who works in the Multicultural Office?
Pam Austin, counselor/multicultural specialist
Jane Gong, office assistant
Work study students

What do you do?
We provide counseling and advising services for multicultural students. (Please review the first page for more details.) We also provide fun club activities to enrich your college life.

What can I get from your office?
Do you have any question regarding SFCC? Any academic or financial problems, or other issues? Talk to us. We have resources that might help you succeed at SFCC. Tutoring in math and English are available for you, as well as scholarship information.

Thanksgiving Dinner
Roasted turkey with all the trimmings. ALL FREE!!!
This delicious holiday dinner is sponsored by multicultural clubs and served by club members.

Mark your calendar: November 21, in the SFCC Cafeteria from 2 p.m. – until food is finished.

November—Native American Month
No matter who has helped to make an Indian taco, or bought an Indian taco, we thank you for keeping the tradition, and carrying on our culture. Red Nation Club will sponsor the Native Month celebration, including a taco sale. Come and help. We are looking for a Native speaker and arts crafts vendors.

Asian Club - In past few years, we have had so much fun doing so many events. We have sponsored Asian culture exploration, Asian holiday celebrations, egg roll and dumpling sale, assisting pow wow concession. Basically, we are doing one event, one fundraising and one club social each quarter.

Come on, join us. We promise to keep you busy in a positive way. Our first meeting is October 5 at noon, Building 17, Room 131.

BSU
Black Student Union
The BSU is open to all SFCC students. Our club is designed for two purposes: to help students of color get involved and feel more connected to the campus, as well as help build friendships and support in our community. The BSU has hosted a number of special campus events from our annual MLK luncheon to Blactivities Week, during which the events have ranged from fashion shows to talent shows. Our club events have family and friends BBQ, spa days, paint ball, sky high jump and more. Come and join the fun!
**New Student Welcome Reception**
*Wednesday, September 21*

Are you a new multicultural student? If yes, you are invited to attend a welcome reception in the Lounge C, Building 17, 12 - 1:30 p.m. Wednesday, September 21. Multicultural Student Services and Multicultural Activity Clubs are sponsoring this event to help acquaint all new students with college life and inform you of the programs and services offered. **Refreshments and prizes** will be provided. We want to make your experience at SFCC a success.

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**All Multicultural Students Fall Social**

All returning and new multicultural student are invited to attend a fall quarter social Wednesday, October 5, noon - 1:30 p.m. in the Multicultural Center, Building 17, Room 131. Let’s get together and celebrate the start of fall quarter. **Pizza and pop** will be provided by all multicultural clubs. We look forward to meeting and seeing you all again. **Please check the flyer for details.**

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**Emergency book assistant program**

We have a limited emergency book loan program for students who have applied for financial aid but the check is delayed. For those students, if you need assistance, please come to the Multicultural Office to complete application form. We reserve the first week for new multicultural students. After the first week, this program will be open to all multicultural students.

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**UPCOMING EVENTS**

**MULTICULTURAL CLUB CALENDAR OF ACTIVITIES FOR FALL 2011**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sept. 21</td>
<td>New Student Welcome Reception</td>
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<tr>
<td></td>
<td>12—1:30p.m., Lounge C,</td>
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<td>Oct. 5</td>
<td>All Multicultural Student</td>
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<td></td>
<td>Fall Quarter Social</td>
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<td></td>
<td>12-1:30p.m., Multicultural Center,</td>
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<td>Oct. 26</td>
<td>Black Student Union event</td>
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<tr>
<td></td>
<td>11:30 a.m. SUB, Lounge C,</td>
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<td>Oct. 27</td>
<td>Hispanic Month Celebration</td>
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<td></td>
<td>Magical Rain Theater</td>
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<td>11:30 –1, Lounges A &amp; B</td>
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<tr>
<td>Nov. 9</td>
<td>Native American Month</td>
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<tr>
<td></td>
<td>Celebration—Native drum presentation</td>
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<tr>
<td>Nov. 16</td>
<td>Native American Speaker—Indian Taco Sale</td>
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<td></td>
<td>11:30a.m. Lounge C</td>
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<tr>
<td>Nov. 21</td>
<td>Thanksgiving Dinner</td>
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<td>Sponsored by all Multicultural Clubs, Cafeteria, 2 - 4 p.m.</td>
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<tr>
<td>Dec. 1</td>
<td>Asian club event,</td>
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<td>11:30 a.m. Lounge C</td>
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My name is Ei Yupar Win and I am from Myanmar (formerly known as Burma). Myanmar is the biggest country on the Indochina peninsular neighboring Thailand, Laos, China, India and Bangladesh. Ten years ago, I had a dream to study in the United States for higher education, but time and situation made me unable to realize that dream. So, I continued studying in Myanmar and finished my bachelor and postgraduate education in 2008. I worked in the Health Education sector and forgot about my dream. In 2010, I came to the United States to start a new life with my fiancée who is a graduate student from Washington State University and we got married a month later. Then, I found out how hard it is to get the credential evaluation of my previous education in this country. This situation sends me back to college for accredited education. This is how I got into SFCC.

I have very good experiences with all services of this college. I have met helpful counselors, excellent professors, and many friendly employees of SFCC. All of their help and friendliness has made me feel comfortable with a new environment. I regularly visited the Multicultural Office and joined one of the clubs. I’m an active member of the Asian-American Club and play the role of treasurer for the club. Also, I try my best in school works and I’m able to establish good academic record. I am proud of myself for moving to my 6th quarter here with a GPA 3.96. This couldn't happen without the help, understanding, patient and kind professors at this college. They love teaching. They never let students down and are always there for help. I’m in love with this school and I’m glad that I chose SFCC.

My name is Lorenzo Castana. I am a single father of three, who decided to finally grow-up, and be the example my children need. So I decided to go back to school and pursue a career in the Health & Wellness field. But, I was unsure of how to start. I have been out of school for a long time. I mean, “How can I pay for it? “Will my work hours interfere with my school schedule”? “Will I have enough time to go to both, work and school”? And let’s not forget I have parental responsibilities as well.

I decided to pay a visit to the SFCC campus, and soon I realized that the curriculum offered by the college was exactly what I needed! I registered at SFCC and filled out the application for financial aid. Soon I received a letter from SFCC with great news. I got a grant to start in the winter of 2010. I also applied through SFCC Financial Aid office for the work-study program, which allows a student to work on campus while still attending classes. This program gave me two great work opportunities to work in the SFCC Fitness Center and in the Multicultural Student Services Center, where I am able to interact with other students on a daily basis. The Multicultural Student Services Center is also a great place to meet up with friends and study, as well as a meeting place for a variety of clubs such as the Red Nation’s club, Asian club, and the Latino Unidos club, to which I am also a member! I am now beginning my second year here in the Health/Fitness Tech program and I am looking forward to graduating in the spring.

The changes that I have implemented in my life, and the decision to my education and future, if you ask me, are the best decisions I’ve ever made in life, and by far the most rewarding!!! True Story!
Photo sharing from multicultural center

Congratulations to the new graduates 2011!

Little group-study between classes

Latino Club meeting

Red Nations’ member is preparing for Indian Taco sale

Join us, Black Student Union needs you!

Red Nations’ members welcome you :) 

You could have different reasons to come to the Multicultural Center

Asian club members welcome you!
Chinese Proverbs About Money

With money you can buy a house
but not a home

With money you can buy a clock
but not time

With money you can buy a bed
but not sleep

With money you can buy a book
but not knowledge

With money you can see a doctor
but not good health

With money you can buy a position
but not respect

With money you can buy blood
but not a life

With money you can buy sex
but not love

3 Tips for Becoming a Successful Student
By: Dr. Alton Campbell

1. Treat school like a JOB: you are your own boss.
2. Make CONNECTIONS to faculty and staff.
3. Get INVOLVED in the college and with peers.

Top 10 tips for winning scholarship applications

1. Apply only if you are eligible. Read all the scholarship requirements and directions carefully.

2. Complete the application in full. If a question does not apply to you, note that on the application. Do not leave a question blank.

3. Follow directions. Provide everything that is required.

4. Write an essay that makes a strong impression. The key to writing a strong essay is to be personal and specific.

5. Watch all deadlines. Impose your own deadline that is at least two weeks prior to the official deadline.

6. Make sure your application gets where it needs to go. Put your name (and social security number, if applicable) on all pages of the application.

7. Keep a back-up file in case anything goes wrong. Before sending the application, make a copy of the entire packet.

8. Proof read the entire application carefully. Ask a friend, teacher, or parent to proof read it as well.

9. Ask for help if you need it. Call the fundraising organization to get information.

10. It also is important to make sure your letters of recommendation are addressed to the organization whose scholarship you are applying for, and that they are current.
Community Resources

The following is a partial list of community offices that are available for you. Please contact Pam Austin for a complete directory of services:

American Indian Center, education and job training programs, and food bank assistance. To contact, call 509-535-0886.

Emergency Assistance, provides basic services for family, and also, financial assistance for gasoline, medicines, utility and miscellaneous needs. To contact, call 509-624-2378.

Family Promise of Spokane, provides temporary emergency housing. To contact, call 509-456-7106.

Interfaith Hospitality Network, provides emergency shelter, meals, and assistance to homeless families. To contact, call 509-747-5487.

Martin Luther King, Jr. Family Outreach, provides basic needs assistance, utility assistance, child care, etc. for southeast Spokane residents. To contact, call 509-455-8722.

Odgen Hall, provides emergency shelter, meals, clothing bank and medical supplies for low-income women and children. To contact, call 509-327-7737.

Spokane Housing Authority, provides rental assistance to low-income families, elderly, disabled and individuals in Spokane, Stevens, Whitman and Pend Oreille counties. Applications and information are available during regular office hours. To contact, call 509-328-2953.

Work Source Referral Service, Links business and job seekers together to provide increased employment opportunities for people of color. To contact, call 509–532-3000.

Other Support Services from Spokane Community College:

Workstudy - Contact Tammy Messing at 533-4411.

Student Activities/ Club Information - Please contact Heather McKenzie at 533-3558

Career Center/Scholarship Information - Please contact Vickie Schmitt at 533-3540

Financial Aid Assistance - Please contact office at 533-3550

Early Learning Center - Please contact office at 533-3624

Disability and Support Services - Please contact office at 533-4166

Find a Health Center, If you need affordable health care, a Community Health Center may be what you're looking for.

Community Health Centers -- also known as Federally Qualified Health Centers, or FQHCs -- provide care regardless of your insurance status or ability to pay.

Maple Street clinic—CHAS
3919 N Maple Street, Spokane
(509) 444-8200

Spokane Falls Medical Clinic
120 W Mission, Spokane
(509) 326-4343

SFCC Food Bank
Building 17, Room 139
Open everyday
Times do vary each quarter
Open positions for work-study students
## Multicultural Club Meetings

<table>
<thead>
<tr>
<th>Club Name</th>
<th>Advisor(s)</th>
<th>Meeting Time and Location</th>
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<tbody>
<tr>
<td><strong>BLACK STUDENT UNION</strong></td>
<td>Carl Richardson /Antaya Mack</td>
<td>Meets every Wednesday at 12:30 p.m., SUB, Student Senator Chamber, room 137</td>
</tr>
<tr>
<td><strong>LATINO UNIDOS ASSOCIATION</strong></td>
<td>Cynthia Vigil</td>
<td>Meets every Wednesday at noon, SUB, Student Senator Chamber, room 137</td>
</tr>
<tr>
<td><strong>RED NATION STUDENT ASSOCIATION</strong></td>
<td>Marie Miller</td>
<td>Meets every Wednesday at 12:30 p.m., SUB, Student Senator Chamber, room 137</td>
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<tr>
<td><strong>ASIAN CLUB</strong></td>
<td>Ping Ping /Jane Gong</td>
<td>Contact: 533-3580; 533-4331, SUB, Building 17, room 131</td>
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<td>Meeting time will be decided at the first club meeting each quarter.</td>
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Person(s) with a disability requiring any auxiliary accommodations should contact the college. For TTY service call 533-4166. Community colleges of Spokane provides equal opportunity in education and employment.